

Adventure Travel
4x4 Expeditions
Consultancy
Training



OneLife Adventure

www.onelifeadventure.co.uk



Namibia & Botswana Explorer

1st April – 13th May 2019

Namibia and Botswana – huge and varied countries, in parts dominated by rugged mountain ranges and steep escarpments, elsewhere by tropical green valleys, inland deltas and deserts. These countries are home to some of the biggest concentrations of game in Africa, a night at one of Etosha's waterholes will never be forgotten as rhino drink alongside lion and elephant. We'll meet fascinating people such as the Herero, dressed in their Victorian crinolines or the pastoral Himba, dressed in skins and tinted by the very soil they live upon while the San Bushmen survive in some of the harshest conditions on the planet. On the forbidding Skeleton Coast we search for desert elephants, lion and rhino in one of the most dry, remote landscapes on the planet but after rain, the Marienfluss valley becomes a refuge for immense herds of Gemsbok and Hartman Zebra. The Kunene River, full of crocodiles, cuts its course to the Atlantic Ocean leaving behind spectacular water falls such as Ruacana and Epupa. To the east in the tropical Capri Strip we'll see the huge diversity of wildlife and vegetation created by the Okavango River as it flows south to disappear beneath the sands of the Kalahari. We'll enter the Moremi Park to explore the stunning wet delta environment further before turning south to the Kalahari.

The 4 week trip focuses on Namibia and northern Botswana before you return to Cape Town to have your car shipped home while you fly. If you are able to stay for the optional 2 week extension then we head across the Makgadikgadi Pans into the Kalahari Desert to explore Deception Valley and spend some time with the San bushmen as we cross the Kalahari north to south. We'll then enter the Kgalagadi Transfrontier Park, home to massive black maned lions before heading back to Cape Town.

The best way to fully experience these countries is in your own 4x4 to explore the remote north and west of Namibia and central and south Botswana. Your vehicle is shipped to Cape Town, to meet you after your direct flight, ready to explore the very best these captivating, safe and friendly countries have to offer. Contact us for a fly drive quote however if you'd prefer not to take your vehicle.



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Summary

Start point	Cape Town, South Africa
Finish point	Cape Town, South Africa
Number of days	4 or 6 weeks
Approx. distance	10,000 km
Road conditions	Mixture of gravel, sand, rock tracks and local roads.
No' of vehicles	Maximum of 6 vehicles or 12 adult guests plus our support vehicle.
Accommodation used	Accommodation will be in campsites with toilet/shower facilities or wild camping.
Specialist equipment - vehicle	A well maintained and serviced 4x4 vehicle fitted with underbody protection. A CB radio must be fitted. Tyres of All Terrain or Mud Terrain tread patterns are most suitable. Front and rear recovery points and a full set of recovery equipment (strops and shackles) are essential, along with a spade. A fuel capacity of 200 litres (1000km range) is required to enable us to complete long periods away from filling stations, it can be carried in jerry cans. At least 60 litres of water is also needed. A winch is not essential but a vehicle fridge is useful for cold drinks and keeping food fresh.
Specialist equipment - camping	Either roof or ground tents are suitable. You will need good quality sleeping mats if using ground tents, along with sleeping bags. You should bring your own chairs, table, stove, pans, cutlery and utensils. Protection from the sun and UV is needed.
Passport	Your passport should be valid for a minimum period of 6 months from 01 March 2019 and have at least 10 blank pages.
Vehicle documents	Carnet de Passage required. OneLife Adventure to advise process.
Visa	British nationals do not need a visa to enter South Africa, Namibia or Botswana for a holiday or private visit stays of up to 90 days.
Health	Courses or boosters usually advised: Hepatitis A. Tetanus. Typhoid. Other vaccines to consider: Cholera; Diphtheria; Hepatitis B; Rabies; Malaria precautions are essential. Check with your doctor or nurse about suitable antimalarial tablets. Atovaquone/proguanil OR doxycycline OR mefloquine is usually recommended for those visiting risk areas
Cost of living	Less than the UK. You will be able to withdraw local currency from ATM's and debit/credit cards are accepted.



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Weather

Warm and dry but cooler at night

	Apr	May
Average daily temp		
Max ° C	30	30
Min ° C	25	25
Rainfall mm	0	5

Food and Shopping

Food is readily available in main towns but we will be spending extended periods away from supplies so the ability to carry 5 days worth of food as a minimum is required. Game lodges generally have a restaurant. Meals can be cooked individually or communally, the choice is yours and we will co-ordinate and assist you with food purchasing while in country.

Schedule and Pace

The route and timings are not fixed, we will be free to break journey, stop and explore, as you desire. We aim to be in the campsite by 17.00 on most days to allow us to relax and enjoy the experiences of the day. The daily distances driven vary due to the terrain and ground conditions but a typical day will be 2-3 hours driving in the morning, 1 hour for lunch and then a further 2-3 hours driving. Some days will be longer as the unexpected is sure to occur on this trip. There will be some rest / non driving days during the trip when you'll be free to explore or rest as you choose, we'll also have slower days game viewing in the many National Park and Reserves we'll enter.

Outbound shipping

Your vehicle will be shipped in a container to Cape Town while you fly to join it once cleared by customs. We manage this whole process.

Inbound Shipping

The return shipment will be from Cape Town.

With the exception of your flights the whole shipping process is booked and managed by OneLife Adventure



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Cost

- £4250 per person for the first 2 adults (based on 2 sharing for the 6 week option).
- £2900 per person for the first 2 adults (based on 2 sharing for the 4 week option).
- No single supplements, contact us for child prices.
- The expedition price includes **management of the shipping process and all trip logistics, all basic campsite/accommodation costs, full backup and guiding from the support team.**

Your airfares, container cost and clearances, carnet, game park entry, accommodation upgrades, fuel, food, snacks, drinks and personal spending are not included. Contact us for an estimate of these costs.

Other options are possible, extended stays with vehicle, shortened stays, fly drive vehicle hire, etc. Please contact us to discuss your preferences.

**FOR MORE INFORMATION OR
TO BOOK YOUR PLACE ON THIS
EXPEDITION
PLEASE CONTACT US**



NUMBERS ARE LIMITED – maximum of 6 vehicles or 12 adults!

OneLife Adventure Expedition Rating System

NAMIBIA AND BOTSWANA EXPLORER



Easy, short driving days, suitable for families and drivers with basic off road driving skills.



Easy camping with occasional wild sites interspersed by sites with facilities, no technical needs, suitable for families and young children.



Higher off road content, moderate driving days, suitable for families and medium off road driving skills.



50% wild camping, some technical needs, suitable for families and young children used to camping.



Longer days occasionally and high content of off road driving, recoveries likely and moderate levels of off road skills needed.



80% wild camping +, weather or environment requires some technical clothing/equipment, suitable for experienced families with older children.



Long days and long distances are the norm, likely to encounter severe hazards and will require teamwork to succeed, experienced drivers.



Extreme weather (hot, wet or cold), will require extensive technical equipment, irregular meals and physical discomfort will be the norm! Success is achieving the destination – Camel Trophy style.



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