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Adventure Travel
4x4 Expeditions
Consultancy
Training



OneLife Adventure

www.onelifeadventure.co.uk



These popular, UK based mini expeditions will take you into some of the most remote and beautiful areas of the UK.

UK Explorers 2021

Wales Explorer	23 – 24 th	January	2021	Central Wales
Wales Explorer	6 – 7 th	February	2021	Central Wales
Lakes Explorer	20 – 21 st	March	2021	Lake District
Yorkshire Explorer	24 – 25 th	April	2021	Yorkshire
Coast 2 Coast 3 days	24/25/26 th	July	2021	Cumbria/Yorkshire
Yorkshire Explorer	18 – 19 th	September	2021	Yorkshire
Coast 2 Coast 3 days	16/17/18 th	October	2021	Cumbria/Yorkshire



You'll experience a mixture of on and off road driving over a variety of terrains with some steep ascents and descents. Don't worry if your vehicle is not fully equipped - these weekends are designed to help you determine what enhancements are actually needed. They are suitable for standard vehicles, but you may wish to fit Defenders and Discoveries with some underbody protection (differential and steering guards) and vehicles with road tyres run a higher risk of tyre damage. However, the weekends are intended to be non-damaging to you, your vehicle and the environment - our support team will be on hand to help you at all times. The routes used are all public vehicular rights of way and have been reconnoitred in advance by ourselves.

Your companions for the weekend are often new to off-road driving and vehicle expeditions but some will have travelled or are intending to travel, with their vehicles in the near future. There will be opportunities during the weekend for workshop sessions on winching, recovery, navigation and other topics that you may wish to raise. Children and partners +/- dogs are welcomed on the weekend and the pace of the weekend is geared to provide plenty of opportunities to stop and let young co-drivers let-off steam! Needless to say, the evenings will be spent around an open fire amongst friends, with a drink in hand, talking travellers tales under the stars.

We're sure, that as well as giving you the opportunity to meet new friends, you'll have some fun with your vehicle and stimulate future travel plans for yourselves with us.



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Driver training

These mini expeditions are a great way to experience vehicle dependant expeditions and for you and your family to decide if this is for you. While extensive off-road driving skills are not needed some basic skills are desirable. For all 4x4 driver training, from familiarisation with your vehicle to advanced driving and recovery techniques we can provide customised training days, 1:1 in your vehicle, at our site in Lancashire – **if you are new to off road driving why not book a days customised training with us before your weekend.** If you are not sure about your vehicle or experience, please talk to us.

Summary

About 1 week prior to the expedition, you will receive detailed joining instructions and directions to the meeting points.

Start point	Varies.
Finish point	Varies.
Number of days	2 days and 2 nights, meet on the Friday evening or Saturday morning as you prefer. The Coast2Coast runs over 3 days and nights, meeting on the evening prior to the start date and finishing late afternoon on the 3 rd day.
Approx. distance	Varies (approx 200 kilometres).
Road conditions	Mixture of on and off road.
No' of vehicles	Maximum of 10 guest vehicles plus 1/2 support vehicles.
Accommodation used	Camping, either on pristine wild sites or on farm sites with toilet and shower facilities.
Specialist equipment - vehicle	A well maintained and serviced 4x4 vehicle with a low box, for Land Rovers we recommend a front diff and steering guard be fitted. A CB or PMR radio is highly desirable. Tyres of either All Terrain or Mud Terrain tread patterns are most suitable. A winch is not essential and additional fuel cans are not needed.
Specialist equipment - camping	Either roof or ground tents are suitable, along with 3 season sleeping bags and mats or camp beds. The weekend is self-catered, using either your own stoves or the common campfire and you will need to bring all food and drink with you. A Thermos flask is useful for preparing your own hot drinks and you should bring your own chairs, table, cutlery and utensils. You will need warm and windproof outer wear, wet weather gear, strong boots and a set of dry clothing. To minimise our impact on the often unique and fragile environment we will be travelling through, all waste and refuse needs to be disposed of appropriately - so please bring a bin bag, toilet roll, a lighter and a trowel!

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Typical itinerary

Days will start and finish with time for cooked breakfasts and dinners and we will stop as needed for comfort and photo stops as well as a snack lunch on both days. I will give a short driver briefing on the day's route and hazards before we leave our campsite on each day.

Friday

Meet at the designated camp site late afternoon or evening, in your own time.

Saturday

We will leave the site after breakfast, normally around 09.30 and spend a full day driving. We will be in camp by approx 17.00 that evening.

Sunday

After breakfast, we will complete a further series of trails before finishing the guided sections between 15.00 and 16.00.

Cost

2 day UK Explorer
(Yorkshire, Wales or Lake District)

£180 **per vehicle** including 2 nights camping fees, guiding and support.

3 day Coast2Coast Explorer
(Lake District /Yorkshire)

£250 **per vehicle** including 3 nights camping fees, guiding and support.



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